




**HOT SPECIALS...**


**Cheese and Tomato Pizza with Dough Balls**  Cheesy tomato topped pizza slice


**Chinese Veggie Noodles**  Egg noodles with stir fried vegetables


**Sausage and Mash with Gravy** Traditional pork sausage and mash with rich gravy


**Meat-free Bolognese**  Penne pasta in a yummy tomato and Quorn sauce


**Roast Chicken with Roast Potatoes & Gravy** Succulent roast chicken with fluffy roasties and tasty gravy

**Meat-free Roast with Roast Potatoes and Gravy**  Delicious Quorn roast with fluffy roasties and tasty gravy

**Pasta Bolognese**  A classic Italian beef bolognese in a yummy tomato and beef sauce

**Mild Chickpea & Potato Curry with Rice**  A tasty chickpea and potato masala

**Golden Fish Fingers and Chips**  Crispy fish fingers and scrummy chips

**Meat-free Dippers with Chips**  Crispy Quorn dippers with their fave sauce - Ketchup

**DAILY FAVES...**

**Packed Lunch** See below for details

**Jacket Potato**  with a choice of fillings

**Tomato Pasta**  Fresh, homemade tomato and basil sauce with penne pasta

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**WEEK 3**

W/E: 16/11/07-12/18/01  
08/02/07/03/22/03

**SIDES...**

**Sweetcorn and Broccoli**

**Peas and Carrots**

**Carrots and Cabbage**

**Sweetcorn and Broccoli**

**Baked Beans**

**PICK A PUDDING!**

**Raspberry Ripple Cake**

**Crunchy Chocolate Biscuit**

**Flapjack with Fresh Cut Fruit Slices**

**Chocolate Apricot Brownie**

**Vanilla Ice Cream**

**FRIDAY**

**THURSDAY**

**WEDNESDAY**

**TUESDAY**

**MONDAY**

**PACKED LUNCH... available daily**

**Ham or Cheese Sandwich or Daily Special**

with Egg Salads and Tasty Fruit or Bread to Make Dippers of the Day

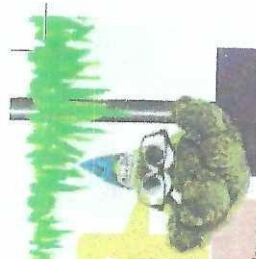


**Food Super Heroes Menu**

**YOUR FAVOURITES available every day**

**OUR NEW MENU chosen by our parents and children**

**THREE WEEK MENU AUTUMN/WINTER 2020**



W/C: 09/11/30/11 11/01  
01/02/22/02 15/03

# WEEK 2

## DAILY FAVES...

**Packed Lunch**  
See below for details  
**Jacket Potato** with a choice of fillings  
**Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta

**Cheese and Tomato Pizza with Dough Balls**  
Cheesy tomato topped pizza slice  
**Sausage and Mash with Gravy**  
Fluffy mash with veggie sausages and rich gravy  
**Chicken Tikka Masala with Rice**  
Succulent chicken in a mild creamy sauce  
**Macaroni Cheese**  
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

**Roast Turkey with Roast Potatoes & Gravy**  
Roast turkey with fluffy roasties and tasty gravy  
**Pastry Slice with Roast Potatoes and Gravy**  
Pumpkin and potatoes wrapped in flaky pastry  
**Lasagne with a Garlic & Herb Bread Wedge**  
A classic Italian beef lasagne in a yummy tomato sauce  
**The Incredible Burger**  
Meatless burger in a soft bap with ketchup

**Southern Fried Chicken Tasters with Chips**  
Lightly seasoned crispy chicken strips and scrummy chips  
**Meat-free Dippers with Chips**  
Crispy Quorn nuggets with ketchup

**Water, salad, freshly baked bread, yoghurt & fresh fruit**  
**Available every day!**

**Vegetarian**  
**Wholegrain**  
**Oily fish**  
**Fruity!**

**Chocolate Calte**

**Oatie Biscuit with Fresh Cut Fruit Slices**

**Strawberry Ice Cream**

**Broccoli and Peas**

**Sweetcorn and Broccoli**

**Chocolate Slice**

# WEEK 1

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**Roast Chicken with Roast Potatoes & Gravy**  
Succulent roast chicken with fluffy roasties and tasty gravy  
**Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy**  
A chunky sweet potato and chickpea roast

**Pasta Bolognese**  
A classic Italian beef bolognese in a yummy tomato sauce  
**Hotdog with Potato Wedges**  
Our favourite veggie hotdog served in a soft sub roll

**Golden Fish Fingers and Chips**  
Crispy fish fingers with scrummy chips  
**Meat-free Nuggets and Chips**  
Crispy Quorn nuggets with their fave sauce - ketchup

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