



MONDAY

HOT SPECIALS...

Cheese and Tomato Pizza with Dough Balls
Cheesy tomato topped pizza slice

Burrito
A soft wrap filled with lightly spiced veggies and rice

DAILY FAVES...

Packed Lunch
See below for details

Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

WEEK 1 W/C: 08/03 29/03 19/04
10/05 31/05 21/06 12/07

SIDES...

Peas and Sweetcorn

PICK A PUD!

Brownie

MONDAY

TUESDAY

Chicken Burger with Potato Wedges
Roast chicken served in a soft bun with lettuce and mayo

Macaroni Cheese
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

Packed Lunch
See below for details

Jacket Potato
with a choice of fillings including salmon mayo

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Peas and Broccoli

Blueberry Frozen Yoghurt

TUESDAY

WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
Succulent roast chicken with fluffy roasties and tasty gravy

Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy
A chunky sweet potato and chickpea roast

Packed Lunch
See below for details

Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Carrots and Cabbage

Chocolate & Raspberry Swirl

WEDNESDAY

THURSDAY

Pasta Bolognese
A classic Italian beef bolognese in a yummy tomato sauce

Hotdog with Potato Wedges
Our favourite veggie hotdog served in a soft sub roll

Packed Lunch
See below for details

Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Broccoli and Sweetcorn

Shortbread Biscuit

THURSDAY

FRIDAY

Golden Fish Fingers and Chips
Crispy fish fingers with scrummy chips

Meat-free Nuggets and Chips
Crispy Quorn nuggets with their fave sauce - ketchup

Packed Lunch
See below for details

Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Baked Beans and Peas

Strawberry Swirl Sponge

FRIDAY

HOT SPECIALS...

Cheese and Tomato Pizza with Dough Balls
Cheesy tomato topped pizza slice

Sausage and Mash with Gravy
Fluffy mash with veggie sausages and rich gravy

DAILY FAVES...

Packed Lunch
See below for details

Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

WEEK 2 W/C: 15/03 05/04 26/04
17/05 07/06 28/06 19/07

SIDES...

Sweetcorn and Broccoli

PICK A PUD!

Chocolate Slice

MONDAY

Chicken Tikka Masala with Rice
Succulent chicken in a mild creamy sauce

Macaroni Cheese
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

Packed Lunch
See below for details

Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Broccoli and Peas

Flapjack

TUESDAY

Roast Turkey with Roast Potatoes & Gravy
Roast turkey with fluffy roasties and tasty gravy

Pastry Slice with Roast Potatoes and Gravy
Pumpkin and potatoes wrapped in flaky pastry

Packed Lunch
See below for details

Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Peas and Carrots

Strawberry Ice Cream

WEDNESDAY

Lasagne with a Garlic & Herb Bread Wedge
A classic Italian beef lasagne in a yummy tomato sauce

The Incredible Burger served with Potato Wedges
Meatless burger in a soft bap with ketchup

Packed Lunch
See below for details

Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Sweetcorn and Broccoli

Chocolate Cake

THURSDAY

Southern Fried Chicken Tasters with Chips
Lightly seasoned crispy chicken strips and scrummy chips

Meat-free Dippers with Chips
Crispy Quorn nuggets with ketchup

Packed Lunch
See below for details

Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Peas and Baked Beans

Oatie Biscuit with Fresh Cut Fruit Slices

FRIDAY

PACKED LUNCH...
available daily

Ham or Cheese Sandwich or Daily Special with Veg Sticks and Fresh Fruit or Bear Yo Yo or Dessert of the Day

- Vegetarian
- Oily fish
- Wholegrain
- Fruity!

Water, salad, freshly baked bread, yoghurt & fresh fruit

Available every day!



		WEEK 3 <small>W/C: 22/03 12/04 03/05 24/05 14/06 05/07 26/07</small>		
MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY	HOT SPECIALS...	DAILY FAVES...	SIDES... PICK A PUD!	
	Chinese Veggie Noodles ✓ Egg noodles with stir fried vegetables Cheese and Tomato Pizza with Dough Balls ✓ Cheesy tomato topped pizza slice	Packed Lunch See below for details Jacket Potato ✓ with a choice of fillings Tomato Pasta ✓ Fresh, homemade tomato and basil sauce with penne pasta	Sweetcorn and Broccoli Peas and Carrots	Raspberry Ripple Cake Crunchy Chocolate Biscuit
	Sausage and Mash with Gravy Traditional pork sausage and mash with rich gravy Meat-free Bolognese ✓ Penne pasta in a yummy tomato and Quorn sauce	Packed Lunch See below for details Jacket Potato ✓ with a choice of fillings Tomato Pasta ✓ Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Flapjack with Fresh Cut Fruit Slices
	Roast Chicken with Roast Potatoes & Gravy Succulent roast chicken with fluffy roasties and tasty gravy Meat-free Roast with Roast Potatoes and Gravy ✓ Delicious Quorn roast with fluffy roasties and tasty gravy	Packed Lunch See below for details Jacket Potato ✓ with a choice of fillings Tomato Pasta ✓ Fresh, homemade tomato and basil sauce with penne pasta	Sweetcorn and Broccoli	Chocolate Brownie
	Pasta Bolognese ✓ A classic Italian beef bolognese in a yummy tomato and beef sauce Mild Chickpea & Potato Curry with Rice ✓ A tasty chickpea and potato masala	Packed Lunch See below for details Jacket Potato ✓ with a choice of fillings Tomato Pasta ✓ Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans and Peas	Vanilla Ice Cream

PACKED LUNCH... available daily
 Ham or Cheese Sandwich or Daily Special with Veg Sticks and Fresh Fruit or Bear Yo Yo or Dessert of the Day



Food Super Heroes Menu

YOUR FAVOURITES available every day

OUR NEW MENU! chosen by our parents and children

THREE WEEK MENU
AUTUMN/WINTER 2020

Chartwells